



CHOICES IN ACTION COUNSELLING SERVICES  
PRESENTS A FULL DAY TRAINING ON  
**ADDICTION: SUBSTANCE USE, ABUSE AND HARMFUL  
DEPENDENCY**

This one-day workshop will present the following:

- four theoretical models of Addiction
- the many different approaches to Addiction
- pros and cons to current approaches
- intervention strategies attuned to Prochaska and DiClemente's Transtheoretical Model of Change

This workshop will offer both didactic and experiential learning methods.

**WHEN:** Saturday, Apr. 20, 2024

**TIME:** 9:00 a.m. to 5:00 p.m.

**BROWN BAG LUNCH**

Snacks, Coffee, Tea and Cold Beverages will be provided

**WHERE:** Bell's Corners United Church, 3955 Old Richmond Rd. Ottawa

**IN-PERSON**

**FEE:** \$250.00 (payable by e-transfer, debit or credit card)

Registration will be limited to 20 participants.

TO REGISTER, PLEASE CONTACT MONICA FORST,

PRESENTER AT

613-823-3848 OR BY EMAIL

MONFORST@GMAIL.COM